

## LIFE WITH LOVE IS HEAVEN-LIFE UN-LOVING HELL

EVERY WOMAN'S OPPORTUNITY

The Bulletin wants good home letters; good business letters; good helpful letters of any kind the mind may suggest. They should be in hand by Vednesday of each week. Write on but one side of the paper. Address, SOCIAL CORNER, EDITOR, Bulletin Office, Norwich, Conn

THREE PRIZES MONTHLY: \$2.50 to first; \$1.50 to second; \$1.00 to third. ward made the last Sacurday in each month.

juice. Then gradually heat the juice

loss of strength.

It is a matter of record that a New York man fasted 45 days and to test his strength each day lifted a 50 pound dumbbell straight above his head at arm's length and did not fail in his stint until the 10th day after that

stunt until the 10th day—after that he could lift the weight but could not straighten his elbow. He worked every day and that he might be able to substantiate the facts was attended by two physicians as witnesses during his whole fast.

The longest fast I know of was for 75 days and the retirest was averaged.

for 72 days and the patient was cured of locomotor ataxia. While the works

longer period than that for the pur-pose of resting the stomach and puri-fying the system is common both in this country, England, Australia and New Zealand.

More people die from overeating than from any other one cause—man's most persistent excesses are chargeable to the dining table. Appette is a promoter of disease and a destroyer

What drug can repair an impaired tomach? Drugs antidote poisons, and

in doing so check fevers, produce numbness and sleep stimulate the cir-culation and increase the temperature overcoming a chilly or morbid condi-

expected to on this subject, but have

no desire to continue.

Hoping someone will be helped by their own power of self-denial, I close.

UNITED MENTAL ENDEAVOR.

Dear Sisters of the Social Corner: presume you all have noticed the president has asked the Christian peo-

president nas asked the Christian peo-ple of America to unite on Oct. 4th in prayer for peace, and many professed-ly pious people may be asking them-selves what good that will do? That depends wholly upon the spirit of the petitioners. Prayer without faith is worthless.

ice of this kind if he did not believe would have a good and telling effect

Why should we not all have firm faith that this nation's prayers will.

Abraham Lincoln, who was as devout a president as this nation is ever likely to know, said is the midst of one of the most regrettable conflicts this nation has ever known:

"I have been driven many times to

"I have been driven many times to my knees by the overwhelming con-viction that I had nowhere else to go.

those who ask believing.

There is a Russian proverb which says: "What men usually ask for when they pray to God is, that two and two may not make four." This is not the

THE CRANK.

food thoroughly

AUNT NANCY.

SOCIAL CORNER POEM.

The Power of Silence. cannot write in deathless verse owest lyrics yet unsung:
(as can I carve, nor sing, nor fly;

For me no fame has rung.

The wit to hold my tongue!

The things I might have said, the things I might have said, the citen, oh, how often, the thanked my stairs instead, that midst the din, I then did have the wit to shut my head.

los tell their blunders, debts, dis

friends have never heard of minimuse heaven, they never will helps you all along the way, this knack of keeping still. Sent in by DACTYLIS.

INQUIRIES AND ANSWERS.

the cutting. I do not recognize and a flower expert was unable to

THE EDITOR has discovered that The interest of the control of the c

forwarded. May your trials diminish and your heart be

THA! OF CANTERBURY-Letter SAMANTHA-Cards received and to the writers you addressed. DOLLIE OF SPRAGUE sends the of the inquiry: Will some sister the tell me how the burdock seeds the clover leaves are to be pre-

## SERVES WITHOUT SUGAR.

on physiology go on declaring a person will starve to death in ten days, the going without food for a much

inhope the Sisters have all enjoyed essent vacations, or at least a few essent outlings during the summer

seaon.

Such little pleasantries refresh the bolk make the mind more active, and make the mind more active, and make the mind the season to the little winter.

It have been quite interested in the liberation between A Crank and J. A. I. I for one endorse every word so har said by A Crank. I am at a loss he know why one of so much intelligible should assume such a pen name, believe rheumatism may be greatly relieved, if not entirely cured, through the ne-breakfast habit.

Ty husband, a chronic dyspeptic, and cured by giving up his breakfast and coffee; a later know of several cases of the constitution cured in the same way. A grong will is one of the principal

the A Dreamer, I am the happy the A Dreamer, I am the happy the soor of the little book entitled the Cook Health; also A New Era for the A

suffering Sister who will return ham to me in good condition.

How, just a word to those who intend securing fruit this fall. No doubt any of us will say "I cannot afford a go any preserving this year, sugar high."

De you all know your preserves will teep just as well without sugar? Sugar have no part in the preservation of he fruit. Of course, acid fruits taste with sugar, but any fruit will sugar just as well without it. Here is a secellent recipe for making grape

Jse well ripened grapes, not over-c; crush with the hands, then put c bag and squeeze out all the

Dizzy? Bilious? Constipated? Dr. King's New Life Pills will cure eas, cause a healthy flow of bile and your stomach and howels of waste and fermenting body poisons. They a tonic to your stomach and liver d tone the general system. First will cure you of that depressed, buy, billous and constipated condition. See all druggists.

Children's Sickness Due to Worms. Tour child will not be sick if you rid he stomach and bowels of worms. Ichapoo Worm Killer will do it pickly and surely. Makes the worms of their hold while the gentle laxative medicine removes them through howels. It tones up the system through the surely appetite and promotes stem. tree appetite and promotes sleep. leasant to take—children like it.

PLO DR. REMEDY FOR PILES is now manufactured and and by N. D. Sevin & Son, 118 Main freet, or can be procured direct from be swiner of the original prescription, TR. MARY A. HARRIS, R. F. D. 6.

T. P. MAINE, M. D.

Physician and Surgeon Market Streets. Miles Hours, 9-11 a. m., 3 to 4 p. m. Telephone 1296.

stern Connecticut equa to The Bul-

the mixture onto the beaten white, stirring all the time. This will insure the cakes being light.

When you have potatoes left over from a meal, do not peel, as a cold potato keeps better with jacket on. If peeled it dries on outside and has to be trimmed before using, and that is wasteful. Also an economical way to prepare mashed potatoes is to boil in jackets, peel and then mash.

coffee Custard—Fut 1-2 cup ground coffee in a small muslin bag and place it in a double boiler containing four cups of cold milk, let stand half an hour, then heat to the boiling point and cook five minutes. Remove the bag and pour the hot milk over four heaten eggs and four heaving table-Serve cold.

Hamburg Rolls—Two pounds of hamburg steak, one-half pound pork sausage two cups bread or cracker crumbs soaked and squeezed dry. Mix all together thoroughly. Season with salt and pepper. Put one can of strained tomatoes, into which has been sliced one large onion, in a baking pan. Roll meat out in small cakes, place in tomatoes and onions, and bake in a moderate oven forty min-

Bry the Hamburg rolls! HANNAH WHO.

Willimantic, NATIVE HERBS AND THEIR

Dear Editor and Social Corner Sis-Dear Editor and Social Corner Sis-ters: One of the Sisters was asking-for names and uses of our native wild plants, shrubs and herbs. I will men-tion a few of those with which I am familiar. I will call them by their names as they were called in "ye olden times"

juice. Then gradually heat the juice until it steams, but do not allow it to boil. Let settle 24 hours; then carefully drain the juice from the sediment, and run it through a fiannel bag. After this, fill into clean bottles, fit a thin board (I use shingles when I can get nothing better), over the bottom of your wash boiler, set the filled bottles in it, fill with water to within an inch of the top of the bottles, then gradually Sweet Fern-A small bush. berries steeped make an excellent rem-edy for sore mouth and throat. of the top of the bottles, then gradually heat until it is about to simmer; then take the bottles out and cork or seal immediately. This is an excellent recipe and the grape juice will keep

Red Clover Biossoms are a great blood medicine.

THE CRANK KNEW DR. DEWEY. Burdock Leaves are a sure remedy for acute pains in any part of the body. With them apply as hot as pos-sible, and if the case is very severe sprinkle them with new rum, changing them every 20 minutes. I once cured a Editor Social Corner: I was surprised to learn we have among the Social Corner writers "A Dreamer" who knows the value of the no-breakad case of pleurisy that way

fast method—the advantage of ab-stinence in the overcoming of dis-ease. I know she also realizes the consciousness of power which comes to those who have the will to put down false appetite and the intelligence to recognize natural hunger when it comes.

I have read all the books mentioned by A Dreamer I had the pleasure of for a canker sore mouth.

of the best remedies for summer com-plaint. Put them in a bottle and fill it up with rum; let stand a few days and it is ready for business. by A Dreamer. I had the pleasure of meeting Dr. Dewey and was the first convert the author of Perfect Health The Bark of the Cherry Tree, in cider brandy, is good for chills and fever and rheumatism. had in Norwich and one of the very few who have made abstinence a life

covenant.

Of course I have been warned by medical men to be careful about fasting or I might suddenly collapse some day. I have always had a care and have been three weeks without food and worked every day with a loss of 25 pounds in flesh and a very little pain and soreness. Thoroughwort is a strong purgative and is used to cleanse the system of

impurities.

thretic sore throat. A Bottle of Tiger Lily Blossoms in rum should be kept in every home, for it is a sure remedy for wounds and sores of all kinds.

Extract of Wintergreen is a fine remedy for the kidneys. If you can get the herb and extract it yourself you get the sure thing. The oil is

and coughs.

Lavender is used as a nervine. of men in many directions. Men die before their time because they will not eat sensibly and masticate their drawn from our native sugar maple

tion of the physical system. Used cor-rectly they are a great relief—used carelessly an actual peril. Nature restores all physical impairments when given a chance. I have written much more than I WEAR.

both may be ruined by improper laundering. Although different materials require different methods of washing, there is one general rule that applies to all—underwear should be washed by itself, never with the general wash. For this there are two reasons: The possibility of too strong suds, which may contain washing powder, etc., and the likelihood of the washing and ringing waters varying too much in rinsing waters varying too much in temperature. The first will eat into the fabric, even to the sewing threads; the second will shrivel the woolen wear worthless.

First of all the president's call for a national petition to the Father of us as a desert sun will shrivel the woolen wear as a desert sun will vegetation. For each variety it is safest to prepare the would not call for a devotional serhe would not call for a devotional serrectly to the fabric

For silk and wool the washboard should be dispensed with. Pull and stretch each garment into shape be-tween the hands, and boil or scald nothing unless the cotton in rare cases. Woolen Underwear — Dissolve one large cake of a mill non-akaline soap in four gallons of soft water, and when slightly more than lukewarm wash the garments by squeezing between the hands. Have ready clear water of the wistion that I had nowhere else to go. My own wisdom and that of all about me seemed insufficient for the day."

It has been often proven those who go in faith to prayer do not wait long for occasion to praise.

James Russell Lowell, looking out upon this world of selfishness and greed found occasion to say: "Only God is to be had for the asking;" but His power is also freely manifested for those who ask believing

ening of the fibres. Silk Underwear-Make a suds of coo water and naptha soap and for white silk add a few drops of laundry bluing

Have ready a hot suds of any non-alkaline soap, using, if desired, from three to five tablespoons of liquid ammonia to assist in removing perspira-tion stains. Rub lightly on washboard, rinse in warm, slightly blued water, stretch and hang by shoulders to dry, preferably out of doors. Enid: I am much surprised to find out who you are. Have seen you many

The Mortgage Was Paid

By Diana

skurry and the many ills that fall to the lot of mankind, we sometimes forget that God moves in a mysterious way. We also fail to realize that "God can bring good out of evil," because we do not understand the work-

ings of Divine Providence.

There are many people who have lived and who are living today, who seemingly have been through fiery ordeals; whose faith remains resolute and determined.

and determined.

Mr. and Mrs. Grayson's faith in
God was firm and even wonderful, for
they had been surrounded by many
troubles, and their hearts wrung with

supplied with pin-inone, their tastes were a bit extravagant, but they were not selfish, for they were always ready to help the needy by contributing not only money, but gave much time to the settlement work in their city.

The client sneered, "Afraid the old man's prayer will not be answered, eh?"

"Why man alive!" replied the lawyer. "You could not defeat that he were. "You could not defeat that he were."

veloped into a true type of what man-hood and womanhood should be. not told They were good, talented and accom-prayer."

sixty, when business men are think-ing of retiring, he was practically

Mr. Grayson obtained work from those who, a few years before, were in less comfortable circumstances than Madeline wished to discontinue her

studies and seek such employment as would enable her to aid her parents. would enable her to aid her parents. They disapproved of this plan, for they feit that if she could continue her education she would be better able to help them than now; and to achieve this, they were strong to deny themselves. By much self-denial and untiring energy Mr. Grayson started in business again in a small way. After which, he bought a small place in the suburbs, on the installment plan, and the former owner became the mortgagee.

Dear Sisters of the Social Corner: I presume the older readers of The Corner are familiar with the things I am sending, but there may be younger people who will find them helpful: Plain salad dressing need not include oil, but mayonnaise requires it. For best results use best oil, now lower priced.

They disapproved of this plan, for I presume the older readers of The Corner are familiar with the things I am sending, but there may be younger people who will find them helpful: Plain salad dressing need not include oil, but mayonnaise requires it. For best results use best oil, now lower priced.

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you get the sure thing. The oil is recommended for rheumatism.

Sage is excellent in colds, and if taken hot on retiring will sometimes break up a cold.

The Inner Bark of the Slippery Elm is a fine thing for colds, sore throats somewhat retired life they were

happy.

Madeline, after her graduation be cause of her great musical ability and her gift of imparting her knowledge to others, was elected to fill the vacancy of the musical director in the

Her parents felt relieved, for mortgages wanted his money; and owing to the lack of capital Mr. Gray-son had conducted his business under and great difficulties, and had only been able to pay the interest on the mort-gage each year. With Madeline's help they hoped in a few years to own a home again free from debt, where they would spend their old age in ease and comfort unencumbered by respon-

sibilities and cares.

Alas! "Man proposes but God disposes." A week before commencing her duties at W. college Madeline was injured internally in an automobile accident, and after three weeks of acute suffering, she entered into the

ternal rest.

The aged couple broken down with grief, Still from their hearts said "Father thy will not our be done." Mrs. Grayson fell sick, not because she rebeiled against her Father's will, or feared for the future, but because her nervous system already overstrained by sorrow and worries could bear no more so she collapsed.

The mortgagee, realizing Mr. Graysn's inability to continue his business and to continue to pay the interest, after refraining for a time because of what people would say. eternal rest. cause of what people would say, placed the mortgage in his lawyer's hands with orders to foreclose at

Mr. Grayson's neighbors and friends would gladly have helped him, but they had their own families and homes to provide for, and the money they could spare, was not enough to free the property from debt.

After a month had expired, the lawyer asked his client to come to his office. He then told the mortgagee that he was not willing to press the claim against Mr. Grayson, and he withdraw it or set another.

claim against Mr. Grayson, and he must withdraw it, or get another lawyer to take the case.

His client replied: "Why? Don't you think there is any money in it?"

"A little, but it would come from the sale of the house the man now occupies, and I will not have a hand in selling it." "Got frightened, eh, eh?"

"No, sir."
"I suppose the old man begged hard to be let off?"
"He certainly did."
"You have lost your grit."
"Yes."
"What in the

"You have lost your grit."

"Yes."

"What in the world did you do?"

"I cried a bit, I believe."

"The old man pleaded hard with you, you say?"

"No. I did not say so; for we did not speak to each other."

"Well man, to whom then did you hear him plead?"

"Our Heavenly Father."

The lawyer continued. "Mr. Grayson prayed, but not for my benefit, for he did not know I was present or that you intended to enforce the law at once. I went as you directed to the house and knocked, no one heard me, and as the door stood open I entered the small hall, and from my position I leoked into a pleasant and pretty sitting room, where close to the bay-window stood a single bed, on which a silver haired old lady lay. I raised my hand to knock again, just as an old white haired man knelt at his wife's side. He began to plead."

"Tried a bit, I believe."

"The ledieve."

"The did not say so; for we did not speak to each other."

If you are particularly desirous for anything that you feel is good and right for you to have, something that will increase your usefulness to others, simply hold the thought that at the right time, in the right way and through the right instrumentally there will come to you, or there will open attain what you desire.

All you've got to do is to know things are right, because they are right. Everything is coming along fine and you just feel it coming.

Do not say: "It can't be done," That is setting limits to God's mercy and saying He car' possibly do as He pleasan to please.

Great Grandma, Joan, Dollie and All pretter as well as a number of other.

Dear Editor and Social Corner Sisters: It has been a long time since I have written but I have not lost interest in The Corner. I read every letter. I was at the fair (also in the Bulletin tent), but failed to see the registration book; wish to thank the Editor for the pleasure he has given the Social Corner. Was pleased to meet new members at the fair. Think I met ten sisters and Papa's Boy.

No. 1, Bidd.

Last until boiling hot and smooth when add the shrimp broken in small pleces, and a few drop of Worcestershire sauce. Remove from the fire and stir in the well-beaten yolk of an egg and several spoons of cream. Last of all, add a teaspoon of lemon juice and serve with triangles of buttered toast.

Crimson Rambler—We had to wait an hour for the train at Norwich Had plenty of time to go and do my shopping.

Aunt Eather, Geld.

Merry Worcester-shire sauce. Remove from the fire and stir in the well-beaten yolk of an egg and several spoons of cream. Last of all, add a teaspoon of lemon juice and serve with triangles of buttered toast.

Crimson Rambler—We had to wait an hour for the train at Norwich Had plenty of time to go and do my shopping.

Aunt Eather, Geld. I met ten sisters and Papa's Boy.
I was disappointed not to see Aunty
No. 1. Biddy and Polly Wintergreen.
Married and Happy: Are you at
your cottage now? Shall try to come

Married and Happy: Are you at your cottage now? Shall try to come and see you this fall.

Aunt Esther: Was glad to meet you. Maine Lover: Hope you are better. Saw in paper about your fall.

J. A. K.: No, I have not changed my penname; have sat up and taken notice that we all wear our golden ribbon bow; am glad you are better; was in New London Sept. 6th. The dear one don't get any better.

Aunt Abbie: Was pleased to see you; hope to meet again some time.

Mrs. S. and Aunt Joe: Did you get home safe Wednesday? Have not found your letter in The Corner yet. Who is who?

If Inquirer will open doors and win-

Who is who?

If Inquirer will open doors and windows, let in sunshine and air, she will not have musty rooms. My windows are never closed; want lots of

fresh air.
Black Pansy: Did you get my card? Black Pansy: Did you get my card? Crimson Rambler: Had plenty of time; was giad to sit down and rest before train.

Great Grandma: Shall try to come

over your way soon; shall come to see you next time, sure! Polly Peppermint: Did you write the Experience Meeting. It was all,

right,
Best wishes to all the Corner.
AUNT SARAH.
(Aunt Mehitable wrote the experience meeting. Her penname was accidentally omitted.—The Editor.) ETTA BARBER'S HOSPITAL EXPE

RIENCE. Dear Sistesr of the Social Corner: --venture to write to the Social Corner

ce more although I may be forgotten by this time.

After being disappointed in being able to attend Aunty No. I's lawn party I hoped I could go to Aunt Abby's or to the fair, but just before the lawn party I was whirled away to St. Joseph's hospital, Providence, and only came home a few days before the fair, and then had to spend several days in bed resting from the home trip.

trip.

I like many others, had dreaded the hospital where I had been told everything was machine work and you had just the care that you must have. Perhaps that is the case in some places, but where I was doctor, nurses and sisters worked day and night for the comfort of the sick.

Just before I "went to sleep" the Sister Superior bent over me and said, "I shall pray for you all the time you are under ether."

Some things were very sad. One old lady who had had her arm taken off at the shoulder was happy because it was her left arm and she could work with her right.

work with her right.

One woman acted like a cross between a spoiled child and a mad deg because she had to be covered with a blanket and could not Grink water every minute while she was recovering from the ether and came nositing from the ether and came no ether the ether and the every minute while she was recovering from the ether and came near killing herself, and made every one near her uncomfortable; but I found most of the patients very pleasant. Those living in or near the city were well supplied with flowers and fruit by friends and most of them were very generous to share with those who lived at a distance.

The hospital fare compares favorably with that served in boarding houses. The house fare consisted of, breakfast, coffee, oatmeal, and toast, with sometimes a boiled egg; dinner, soup, meat

times a boiled egg; dinner, soup, mea New earthenware dishes will never toes, and pudding; supper, bread and butter and sauce and tea. Milk was served forenoon, afternoon and at bed-

was a cool breeze every day I wa there. ETTA BARBER. AUNT ESTHER WOULD BUT COULDN'T

Editor of Social Corner and Sisters
—When I was in the Bulletin tent at
the Norwich fair Tuesday I did not
see the registration book. There was
nothing on the table but Monday's
Entlatin

I told Sally Sagamore that if we

registered we would have to write our names on the tabble.

blessings as every devoted wife will do, she will not have much cause for complaint methinks.

Every woman needs a certain amount of confidence in herself, but too much spunk, as Sarah Ann calls it, has made a great many sad hearts and much discord where mutual love.

Dear Social Corner Sister—How many of you have tried the following ways of using canned fish?

Creamed Fish Flakes on Toast—
Meit two tablespoons of butter, mix with it two tablespoons of flour and a quarter of a teaspoon of pepper, add a cup of milk and stir until boiling. Add a can of fish flakes, cover and let stand until thickened. Turn upon slices of toast buttered and softened firm these things for by so doing you put forth an ideal which will begin to clothe itself in material form. In this way you are utilizing agents, among the most subtle and powerful in the

Canned Lobster Cutlets-Drain the

liquid from one can of lobster, and form the mest into little balls of equal size. Roll each of the balls first into size. Roll each of the balls first into the beaten egg, then in sifted cracker crumbs, then in the egg again, fin-ishing with a coating of crumbs. Set the coated balls in a cool place for an hour, then fry brown in boiling fat. Make a tartar sauce of the yolks of two eggs beaten with a teaspoon of sugar a shake of cayenne, and a pinch of salt. Beat this smooth, then pinch of sait. Beat this smooth, then add one-half cupful of salad oil with constant beating, the juice of half a lemon, a shake of onion salt, if the flavor is liked, and a tablespoon of chopped capers. Pile the fried lobster in the center of a large platter, and decorate to suit the fancy if the server.

reap.' As Buster Brown says: "If you of cayenne (or white pepper can be

Aunt Eather, Golden Glow, Farmer, Merry Widow—Was very glad to make your acquaintance. Hope to meet you all again in the near future. Aunt Abby-Weren't you glad when the last day was over? You must have been very tired, standing on your

Biddy-Did not see you at the fair.

TIMELY RECIPES-MEATLESS

. Black Chocolate Cake- Four eggs, two cups sugar, one cup of butter, three and one-half cups flour, one cup of buttermilk in which dissolve one teaspoon of soda, one-quarter cake of chocolate melted and stirred into the butter; cream butter and sugar together; add the milk, flour and eggs beaten experiency at in the remaind-

Corn Pudding—To one pint of corn pulp add one cup rich milk, beaten yolks of three eggs salt and pepper to suit; one tablespoon melted butter; add stiffly beaten whites; last, pour

In some households meat can be dispensed with at least once a week, and more often when good meat substi-tutes are given, and for these families the following menus are given:

Steamed Hominy, Cream and Sugar Fried Tomatics Parker House Rolls Reheated DINNER

Lettuce Sandwiches, Cottage Cheese Blackberries, Cream Sponge Cake Hot or Iced Tea. ELLA OF CANTERBURY

Dear Social Corner Editor—is there room for one more stray little creatur in one little corner with the Corner

I was out to the fair and saw so many folks with the yellow ribbon on it looked pretty good to me, they were all having such a beautiful time, so I thought I would drop a line to you all and enjoy the good time with you." I haven't heard any thing from Cy's wife. Is she among the living? If so should be pleased to hear from or see her. I will close for this time with a coupie of recipes.

sugar, one ounce of white mustara seed, one teaspoon of black pepper, one teaspoon of cinnamon, one teaspoon of mace, one-half cup of salt, stir all together and put in fars without

Cabbage Pickle—One small head of cabbage; one small can of beats, bots the of horseradish; scant cup of sugar cup of vinegar chopped fine.

I bid you all good morning.

LOW RIBBONER.

Dear Cornerites-I think the Editor

ornerite who lives on the road to ordan. Then one Sunday afternoon as Josi

too much spunk, as Sarah Ann calls it, has made a great many sad hearts and much discord where mutual love and confidence would have made a happy home.

AUNT ESTHER

WAYS OF SERVING CANNED FISH

Dear Social Corner Sister How didn't mean to let the Americans tell them how much beer they should drink;

drink.
Probably that man don't read the papers much and don't know the tem-perance folks have allowed themselves until 1920 to get ready for war, and, I should advise John Barley Corn and his followers to skedaddle while the runnin's good. 'Cause when this Tem-perance army once gets mobilized. perance army once gets mobilized something is goin' to happen, I tel:

SAMANTHA.

## CASTORIA For Infants and Children

DENTIST

DR. E. J. JONES Suite 46 Shannon Building Take elevator Shetucket Street en-trance. Phone.

## SEASONABLE TESTED RECIPES.

Dear Sisters of the Social Corner: Good things to eat are interesting if they are not always new. I sm sending a few timely recipes for I feel certain someone will find

OLD SOL

When making Griddle Cakes, beat

Coffee Custard-Put 1-2 cup ground

beaten eggs and four heaping table-spoons of sugar. Pour into small cus-tard cups and set in a pan of hot water in the oven and bake until firm.

USES.

Hardhack — Often seen growing by the roadside, is used in fever and for night sweating. The common field daisy is also used for the same pur-

Indian Posey and Catnip are used to break up a fever.

Walnut Leaves and Yellow Oak Bark steeped together make a fine gargle Wild Cherries and Rum make one

ound on a sore or bruise will relieve

Hops are one of the best known remedies for the nerves. Make a tea of them and drink on retiring. They are perfectly harmless. Sumach Buds are used for diph-

fine thing for colds, sore throats

Mullein Leaves, steeped, strain and add as much molasses as you have sayrup; boil until thick as molasses. This has been known to cure a grippe cough when all other remedies failed. You can flavor it if you like.

trees makes our sugar and syrup we enjoy so much on our cakes in winter Elderberries make good wine, and a tea made of the flowers is good to cool the blood after being overheated.

Hoping the Sisters may find something interesting and useful in this letter, I will say good bye, with good wishes for all.

J. A. K.

THE LAUNDERING OF UNDER-

Dear Sisters of the Social Corner: Here are a few hints on the laundering of underwear:
The cheapest and the most expensive underwear are alike in one point—

may not make four." This is not the way to pray. The key to all prayer at all times is ::Thy will not mine, be done," and it is because this is forgotten that prayer is ineffective.

If the people of this nation on October 4th pray unitedly and believing that peace may be restored to the nations, and that the Fatherhood of God and the brotherhood of man be restored a positive effect is to be expected.

Silk add a few drops of laundry bluing. Wash between the hands and rinse very thoroughly in well blued water of the same temperature. Cold water and plenty of blueing will prevent the yellowing of white silk, preserving the clear white luster indefinitely. A water that would be too blue for table linen will be just right for silk, though it may look as though ruined while wet Pull into shape, hang by the shoulders and press with a warm (not hot) iron will be just right for silk, though it may look as though ruined while wet. Pull into shape, hang by the shoulders and press with a warm (not hot) iron while slightly damp. Mercerized and Cotton Underwear-

In this life of strife, amidst hurry- | He said mother and he were still sub missive children, and that they would never rebel against His will. He ad-mitted it would be hard for them to be homeless in their old age, and that he realized that if only one of the children had lived, things would now

be different." Here he broke down, and I could see Mrs. Grayson's almost transparent hand move slowly over his snowy hair. He regained his voke, and said, hair. He regained his voice, and said, "that nothing could ever hurt him again as the parting with his son and daughter, unless mother and he should be separated." The thought seemed to comfort him, that the Lord knew it was not mother's and his fault, that their home was to be taken from them which meant beggery and the almshouse." A place—he prayed if consistent to the Lord's will, he hoped to be delivered from.

troubles, and their hearts wrung with pangs of sorrow; yet, their faith remained strong and sincere.

During the early part of their married life through dint of struggle, self-denial and hard labor they prospered and amassed a small forturne. After this one trouble followed another.

Eric's and Madeline's, the son and daughter of Mr. and Mrs. Grayson, wishes were granted almost as soon as they were expressed. They were supplied with pin-money, and maybe their tastes were a bit extravagant; but they were not selfish, for they were always ready to help the needy by contributing not only money, but gave much time to the settlement

work in their city.

Eric as a child loved to argue, and as he grew older this tendency enabled him almost always to convince others that he held the right view others that he held the right view others that he held the right view below the only pleaded thus, because the Bible had taught him that all desires the made known to our Heavenof the question under discussion. His parents were not surprised when he chose law, for his profession, and they gladly aided him in obtaining his education.

Madeline loved music so she was given a musical education. They developed into a true type of what manhood and womanhoodd should be.

They were good, talented and accomparate with the control of the control

Their influence, over those with whom they came in contact, was for good. Yet in the prime of life, just before being admitted to the bar, while on a pleasure trip Eric was drowned. Cramps seized him when in swimming and before his comrades could reach him he sank never to rise again. His body was taken home, where his father, mother and sister overcome with grief prayed daily for grace to sustain them.

Two years later during the panic of 1999 by injudicious investments. Mr. Grayson met with large losses in his business. A short time afterwards, though he had many assets and no liabilities, his creditors became impatient for their money and he was put into the hands of an unscrupulous receiver, who squandered and wasted the accumulations of a life-time of work and sacrifice, and at the age of sixty, when business men are thinking of retiring he was practically

"In a mysterious way," laughingly added the lewyer, as he clasped his client's hand as he was preparing to

leave the office. A FEW THINGS IT IS WELL TO Dear Sisters of the Social Corner:

crack in hot oven if first "toughened" by immersing dish in cold water, bringing to a boil, then gradually cool-Wall paper may be cleaned of dust by rubbing gently with a flannel bag containing wheat bran.

To get rid of mice put crumpled up paper containing and paper paper containing red pepper in mouse holes. After catching five or six in a trap I happened to think a friend told me of this and I tried it. There was

one mouse I know chewed at the paper and the pepper burned his nose and he disappeared. It is the last mouse I have seen for many months.

When a wagon wheel nut has become so set that it will not yield readly to a wrench, center a stream of hot water on the nut from the spout of a teakettle. In a few minutes the nut can be turned off with the fingers.

These last hints are worth having With best wishes for all. CORDELIA.

THE LAW OF PROSPERITY. Dear Social Corner Friends: I have oticed that several have asked that we write more for the mind and less for the stomach. The Man Who Talks

surely gives us plenty of food for re-flection in his excellent department. I always find something to think about in that column and have been greatly benefited thereby.

The Law of Prosperity—This is the law of prosperity, when apparent adversity comes be not cast down by it, but make the best of it and always look forward for better things for conditions more prosperous. To hold yourself in this attitude of mind is to set into operation subtle silent and irresistible forces that sooner or later will actualize in material form that

which today is merely an idea. Never give a moment to complaint, but utilize the time that would be spent in this way in looking forward and actualizing the conditions you de-

Suggest prosperity to yourself. See yourself in a prosperous condition. Affirm that you will, before long, be in a prosperous condition. Affirm it calmly and quietly but strongly and confidently. Believe it absolutely. Expect it. Keep it continually watered with expectation. You thus make yourself a magnet to attract the things you desire.

Don't be afraid to suggest, to af-

eet all day. Aunty No. 1-Heard you're under the doctor's care. Hope you are feel-BILL OF FARE.

Dear Editor of the Social Corner-Herewith I send a few tested re-

beaten separately, stir in the remaind-er of the flour and bake in layers, or in loaf.

into buttered dish and bake for twenty

BREAKFAST.

Cheese Souffe, Lima Beans in Cream. Water Cress and Chumber Salad.
Entire Wheat Bread and Butter Cold Fruit Pudding, SUPPER

THE YELLOW RIBBONERS LOOK-ED GOOD TO LUCINDA.

It is such beautiful weather that I just thought I would take pen in hand and drop a line or two.

I was out to the fair and saw ee

Tomato Relish—One-half pack of ripe tomatoes, chop fine and drain; add one quart of vinegar, two or three head of celery chopped, one cop of chopped onions, one red pepper one cup of nasturtium seeds, one cup of sugar, one cupe of waits

LUCINDA. THE BENEFIT OF BEING A YELL

would like to hear of the benefits we get thro bein yaller ribboners so here's my report:

Met Biddy and a very nice bit of cookery in Willimantic And I tell yew our tongues run some.

Next wuz a very pleasant visit over the telephone with the unkn

I told Sally Sagamore that if we registered we would have to write our names on the tabble.

I cannot see how we overlooked it as I was intending to register my pen name when I went into the tent. We can all register in the Social Corner.

I was quite a little amused reading Sarah Ann Tige's letter. She seems to think that the principle thing the farmer's wife needs is spunk. I differ with her emphatically. I think the great need of every wife is first, implicit faith and trust in the Saviour and then love and good common sense to teach her to fully perform her part of the vows made at the marriage altar. If a wife has a heart filled with love to God and trusts in Him to help her in the every day duties of life and asks Him daily to bless her husband with all needed blessings as every devoted wife will do, ehe will not have much cause for complaint methinks.

Every woman needs a certain amount of confidence in herself, but too much spunk, as Sarah Ann calls it, has made a great many sad hearts Wilson and I, we'er neutral. But this

In Use For Over 30 Years Always bears the Signature of Chart Hillitation

DR. F. W. HOLMS, Dentist Shannon Building Annex, Room A

I raised my hand to knock again, just as an old white haired man knelt at his wife's side. He began to plead dropped to my side and I was speechless when I realized that man's faith in God.

He seemed to be talking—th can very a year of shall ye also flour, a pinch of salt, a shake or two the white and yolk of the eggs sep-arately, add the yolk to the milk and flour and just before cooking pour times, but not very recently. CRIMSON RAMPLER